Hadrian Park Primary School PE Curriculum Overview

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Real PE Foundation (Unit 1 Personal - Coordination/static balance: Footwork & one leg balance)	Real PE Foundation (Unit 2 Social - Dynamic balance to agility/static balance: Jumping and landing & seated)	Real PE Foundation (Unit 3 Cognitive - Dynamic balance/static balance: On a line & stance)	Real PE Foundation (Unit 4 Creative - Coordination/counter balance: Ball skills & With a partner)	Real PE Foundation (Unit 5 Applying physical - Coordination/agility: Sending and recieving & Reaction/Response)	Real PE Foundation (Unit 6 Health and Fitness - Agililty/Static balance: Ball chasing & Floor work)
	Real Dance Foundation (Unit 1)	Real Gym Foundation (Unit 1)	Dance (Val Sabin Recpetion Unit 2/3)	Real Gym Foundation (Unit 2)	Dance (Val Sabin Reception Unit 3/4)	Gym (Val Sabin Reception Unit C)
1	Real PE Y1 (Unit 1 Personal - Coordination/Static balance: Footwork & One leg balance)	Real PE Y1 (Unit 2 Social - Dynamic balance to agility/static balance:	Real PE Y1 (Unit 3 Cognitive - Dynamic balance/static balance: On a line & stance)	Real PE Y1 (Unit 4 Creative - Coordination/counter balance: Ball skills &	Real PE Y1 (Unit 5 Applying physical - Coordination/agility: Sending and recieving &	Real PE Y1 (Unit 6 Health and Fitness - Agililty/Static balance: Ball chasing & Floor
	Real Dance Y1 (Unit 1)	Real Gym Y1 (Unit 1)	Dance (Val Sabin Year 1 Unit 3/4)	Real Gym Y1 (Unit 2)	Athletics (Val Sabin Year 1 Unit 1)	Athletics (Val Sabin Year 1 Unit 2)
2	Real PE Y2 (Unit 1 Personal - Coordination/Static balance: Footwork & One leg balance)	Real PE Y2 (Unit 2 Social - Dynamic balance to agility/static balance: Jumping and landing & seated)	Real PE Y2 (Unit 3 Cognitive - Dynamic balance/static balance: On a line & stance)	Real PE Y2 (Unit 4 Creative - Coordination/counter balance: Ball skills & With a partner)	Real PE Y2 (Unit 5 Applying physical - Coordination/agility: Sending and recieving & Reaction/Response)	Real PE Y2 (Unit 6 Health and Fitness - Agililty/Static balance: Ball chasing & Floor work)
	Real Gym Y2 (Unit 1)	Real Dance Y2 (Unit 1)	Real Gym Y2 (Unit 2)	Cycling/OAA	Athletics (Val Sabin Year 2 Unit 1)	Athletics (Val Sabin Year 2 Unit 2)
3	Real PE Y3 (Unit 1 Personal - Coordination/Static balance: Footwork & One leg balance)	Invasion games - Hockey focus (Val Sabin Year 3 Unit 2)	Real PE Y3 (Unit 2 Social - Dynamic balance to agility/static balance: Jumping and landing & seated)	Net and wall games - Tennis focus (Val Sabin Year 3 Unit 3)	Real PE Y3 (Unit 4 Creative - Coordination/Counter balance: Sending and receiving & With a partner)	Striking and fielding - Rounders focus (Val Sabin Year 3 Unit 4)

	Real Gym Y3 (Unit 1)	Real Dance Y3 (Unit 1)	Real Gym Y3 (Unit 2)	Real PE Y3 (Unit 3 Cognitive - Dynamic balance/Coordination:	Cycling/OAA	Athletics (Val Sabin Year 3 Unit 1/2)
4	Invasion games - Hockey focus (Val Sabin Year 4 Unit 2)	Real PE Y4 (Unit 1 Personal - Coordination/Static balance: Footwork & One leg balance)	Real PE Y4 (Unit 2 Social - Dynamic balance to agility/static balance: Jumping and landing & seated)	Real PE Y4 (Unit 6 Health and Fitness - Agility/Static balance: Ball Chasing & Stance)	Striking and fielding - Cricket focus (Val Sabin Year 4 Unit 4/HOWZAT)	Swimming
	Real Gym Y4 (Unit 1)	Real Dance Y4 (Unit 1)	Real Gym Y4 (Unit 2)	Real PE Y4 (Unit 5 Applying Physical - Agility/Static balance: Reaction and response & Floor work)	Athletics (Val Sabin Year 4 Unit 2)	Cycling/OAA
5	Invasion games - Football focus (Val Sabin Year 5 Unit 3)	Invasion games - Basketball/netball focus (Val Sabin Year 5 Unit 1/2)	Real PE Y5/6 (Unit 1 Personal - Coordination/Agility: Ball skills & Reaction/Response)	Net and wall - Tennis focus (Val Sabin Year 5 Unit 1)	Real PE Y5/6 (Unit 3 Cognitive - Static Balance/Coordination: Stance & Footwork)	Striking and Fielding Rounders (Val Sabin Year 5 Unit 4)
	Real Dance Y5/6 Creative (Unit 1)	Real PE Y5/6 (Unit 2 Social - Dynamic Balance/Counter Balance: On a line & With a partner)	Real Gym Y5/6 Social (Unit 1)	Cycling/OAA	Real PE Y5/6 (Unit 4 Creative - Static Balance/Static Balance: Seated & Floor Work)	Athletics (Val Sabin Year 5 Unit 1/2)

6	Real PE Y6 (Unit 2 Social - Dynamic balance and counter balance	Invasion games - Football focus (Val Sabin Year 6 Unit 1)	Invasion games - Hockey (Val Sabin Year 6 Unit 1)	Real PE Y5/6 (Unit 5 Applying Physical - Dynamic balance to agility/Static balance: Jumping and landing & One leg)	Athletics (Val Sabin Year 6 Unit 1/2)	Striking and fielding Rounders / Cricket (Val Sabin Year 6 Unit 3, HOWZAT)
	Cycling/OAA	Real Gym Y5/6 Social (Unit 2)	REAL PE Fitness - Sending and Recieving (coordination)/ball chasing (agility)	Real Dance Y5/6 Social (Unit 1)	Real PE Y5/6 (Unit 6 Health and Fitness - Coordination/Agility: Sending and recieving & Ball chasing)	Cognitve - Stance (balance) and footwork (coordination)

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