

# Adult Learning Service Spring Guide 2026



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North  
Tyneside  
Council

EMPLOYMENT  
AND SKILLS

**NE** North East  
Combined  
Authority

Kim McGuinness  
North East  
Mayor

# Digital Outreach Project

Get FREE\* support using digital devices on a short, personalised course.

**Available all year, call us to book.**

- Access online services (NHS, Job Centre etc.)
- Email and connect with family and friends
- Shop and bank online
- Use AI tools safely

## Digital Workshops

Join us in FREE\* workshops to boost your skills from first steps to Level 1 qualifications:

- Computers for Beginners
- Essential Digital Skills
- Digital Skills for Work

## Microbytes

FREE\* Level 2 courses will help you master Microsoft Word, Excel or PowerPoint.

### Digital Enrolment Events

Attend an enrolment event or give us a call to find the course that's made for you.

| Event    | Time          | Venue                           |
|----------|---------------|---------------------------------|
| 13 April | 09:30 – 15:00 | Wallsend: Swans CFI             |
| 14 April | 09:30 – 15:00 | Killingworth: White Swan Centre |
| 15 April | 09:30 – 15:00 | North Shields: YMCA             |

| Digital Skills Workshops  | Start  | Day                    | Time                               | Venue                              |
|---|--|------------------------|------------------------------------|------------------------------------|
| Digital Skills Fast Track<br>Beginners - Level 1                | 26/03/2026<br>14/05/2026<br>04/06/2026<br>25/06/2026<br>16/07/2026 | Thursday<br>and Friday | 09:30 - 15:30                      | Wallsend: Swans CFI                |
| Digital Skills Part Time<br>Beginners - L1                      | Enrol any<br>time until<br>end of April                            | Monday                 | 12:45 - 15:45                      | Wallsend: Swans CFI                |
| Thursday  |  | 17:30-20:30            | Norham: Adult<br>Learning Centre   |                                    |
| Wednesday   |  | 09:30 - 12:30          | Killingworth: White<br>Swan Centre |                                    |
| Thursday  |  | 13:00 - 15:00          | North Shields: YMCA                |                                    |
| Microbytes Courses  |  |                        |                                    |                                    |
| PowerPoint  | 20/04/2026   | Monday                 | 17:30- 19:30                       | Wallsend: Swans CFI                |
| Excel   | 21/04/2026   | Tuesday                | 09:30 - 12:30                      | Killingworth: White<br>Swan Centre |
| Excel   | 24/04/2026   | Friday                 | 13:15 - 16:15                      | North Shields: YMCA                |
| PowerPoint  | 13/05/2026   | Wednesday              | 09:30 - 12:30                      | Wallsend: Swans CFI                |
| Word  | 13/05/2026   | Wednesday              | 13:15 - 16:15                      | Wallsend: Swans CFI                |
| Excel   | 14/05/2026   | Thursday               | 17:30- 19:30                       | Norham: Adult<br>Learning Centre   |
| Word  | 09/06/2026   | Tuesday                | 09:30 - 12:30                      | Killingworth: White<br>Swan Centre |
| PowerPoint  | 12/06/2026   | Friday                 | 13:15 - 16:15                      | North Shields: YMCA                |
| PowerPoint  | 24/06/2026   | Wednesday              | 13:15 - 16:15                      | Wallsend: Swans CFI                |
| Excel   | 24/06/2026   | Wednesday              | 09:30 - 12:30                      | Wallsend: Swans CFI                |
| Online Learning   |  |                        |                                    |                                    |
| Level 2 & Level 3 Coding<br>Level 2 & Level 3 Cyber<br>Security | 02/04/2026<br>& 30/04/26   | Various                | Online                             |                                    |

# Online learning

**Discover your potential by studying online to gain Level 2 and Level 3 qualifications.**

Whether you're looking for a job, to build your knowledge or take the next step in your career, our collection of online courses offers the perfect opportunity.

Designed for busy lives, flexible learning options let you study anytime, anywhere with regular start dates and personalised support from our expert tutors.

Many of our learners can study for FREE\* across our wide range of course options.

| Adult Social Care           | Mental Health                                | Children and Young People            | Digital and Business    |
|-----------------------------|--|--------------------------------------|-------------------------|
| Adult Social Care           | Children's Mental Health                     | Caring for Children and Young People | Business Administration |
| End of Life Care            | Adverse Childhood Experiences                | Common Childhood Illnesses           | Team Leading            |
| Dementia Care               | Mental Health First Aid and Advocacy         | Early Years Neuroscience             | Customer Service        |
| Safe Handling of Medication | Domestic Abuse                               | Autism                               | Advice and Guidance     |
| Common Health Conditions    | Early Years Mental Health                    | Specific Learning Difficulties       | Coding                  |
| Dignity and Safeguarding    | Working with People with Mental Health Needs | Safeguarding and Prevent             | Cyber Security          |
| Falls Prevention            | Behaviour that Challenges                    |                                      | Equality and Diversity  |
| Personal Care               |  |                                      |                         |
| Principles of Care Planning |  |                                      |                         |

# Health, care and education

Spring into a new career with an awareness session, taster or introduction course.

| Awareness sessions                           | Day             | Date                     | Time          | Venue                           |
|--|-----------------|--------------------------|---------------|---------------------------------|
| Arthritis Awareness                          | Tuesday         | 21/04/2026               | 14:00 – 16:00 | North Shields: YMCA             |
| Learning Disabilities Awareness              | Tuesday         | 26/05/2026               | 10:00 – 12:00 | North Shields: YMCA             |
| Parkinson's Awareness                        | Tuesday         | 09/06/2026               | 10:00 – 12:00 | North Shields: YMCA             |
| Dementia Awareness                           | Thursday        | 11/06/2026               | 10:00 – 12:00 | North Shields: YMCA             |
| Learning Disabilities Awareness              | Tuesday         | 30/06/2026               | 14:00 – 16:00 | North Shields: YMCA             |
| Stroke Awareness                             | Tuesday         | 14/07/2026               | 14:00 – 16:00 | Killingworth: White Swan Centre |
| Falls Prevention Awareness                   | Thursday        | 16/07/2026               | 14:00 – 16:00 | North Shields: YMCA             |
| Taster sessions                              |                 |                          |               |                                 |
| Get Into Care Taster                         | Wednesday       | 08/04/2026<br>27/05/2026 | 10:00 – 12:00 | North Shields: Working Well Hub |
| Counselling Skills Taster                    | Wednesday       | 03/06/2026               | 13:00 – 15:00 | Wallsend: Swans CFI             |
| Teaching Assistants Taster                   | Wednesday       | 24/06/2026               | 13:30 – 16:30 | Wallsend: Swans CFI             |
| Early Years Taster                           | Tuesday         | 30/06/2026               | 09:30 – 12:30 | Wallsend: Swans CFI             |
| Get Into Care Taster                         | Wednesday       | 01/07/2026               | 10:00 – 12:00 | North Shields: Working Well Hub |
| Introduction courses                         |                 |                          |               |                                 |
| Deaf Awareness (10 Weeks)                    | Thursday        | 23/04/2026               | 10:00 – 12:00 | Wallsend: Swans CFI             |
| Get Into Care (1 Week Full Time)             | Monday – Friday | 01/06/2026<br>06/07/2026 | 09:00 – 15:30 | North Shields: YMCA             |
| British Sign Language Introduction (6 Weeks) | Tuesday         | 02/06/2026               | 13:00 – 15:00 | Wallsend: Swans CFI             |
| Counselling Skills Introduction (4 Weeks)    | Wednesday       | 10/06/2026               | 13:00 – 15:00 | Wallsend: Swans CFI             |

# Business skills

Join the business fast track with skills suited to any workplace.

| Taster sessions                       | Day       | Date       | Time          | Venue                         |
|---------------------------------------|-----------|------------|---------------|-------------------------------|
| Business Administration Taster        | Wednesday | 22/04/2026 | 13:00 – 15:00 | Wallsend: Swans CFI           |
| Customer Service Taster               | Wednesday | 22/04/2026 | 16:30 – 18:30 | Norham: Adult Learning Centre |
| Fast Track courses                    |           |            |               |                               |
| Customer Service L2 Fast Track        | Wednesday | 29/04/2026 | 16:30 – 18:30 | Norham: Adult Learning Centre |
| Business Administration L2 Fast Track | Wednesday | 29/04/2026 | 13:00 – 15:00 | North Shields: YMCA           |

## Advice and guidance sessions

Come and chat with us about courses and opportunities at one of our pop-up advice and guidance sessions:

| Event    | Time          | Venue                         |
|----------|---------------|-------------------------------|
| 8 April  | 10:00 – 12:00 | North Shields: The Parks      |
| 8 April  | 13:00 – 15:00 | Wallsend: Hadrian Leisure     |
| 9 April  | 10:00 – 12:00 | Whitley Bay: Waves            |
| 10 April | 13:00 – 15:00 | Tynemouth: Tynemouth Pool     |
| 10 April | 10:00 – 12:00 | Killingworth: Lakeside Centre |

# Release your potential

Develop confidence and build skills for home, life and work with first steps courses to discover your talents.

| Creative skills                       | Day       | Date       | Time          | Venue                         |
|---------------------------------------|-----------|------------|---------------|-------------------------------|
| Creative Writing                      | Monday    | 27/04/2026 | 13:00 – 15:00 | North Shields Library         |
| Creative Writing                      | Wednesday | 29/04/2026 | 13:00 – 15:00 | Wallsend: Swans CFI           |
| Language skills                       |           |            |               |                               |
| French Beginners Term 3               | Monday    | 20/04/2026 | 10:00 – 12:00 | Whitley Bay Library           |
| German Beginners Term 3               | Tuesday   | 21/04/2026 | 10:00 – 12:00 | North Shields Library         |
| Spanish Beginners Term 3              | Tuesday   | 28/04/2026 | 18:30 – 20:30 | Norham: Adult Learning Centre |
| Construction and environmental skills |           |            |               |                               |
| DIY Projects                          | Monday    | 20/04/2026 | 09:30 – 15:30 | Norham: Adult Learning Centre |
| Horticulture Volunteering Programme   | Tuesday   | 21/04/2026 | 09:30 – 15:30 | North Shields: The Meadows    |
| Get Into Horticulture                 | Tuesday   | 02/06/2026 | 09:30 – 15:30 | North Shields: The Meadows    |
| DIY Maintenance                       | Monday    | 08/06/2026 | 09:30 – 15:30 | Norham: Adult Learning Centre |
| Catering skills                       |           |            |               |                               |
| Bake and Take                         | Tuesday   | 21/04/2026 | 12:30 – 14:30 | North Shields: Cedarwood      |
| Good Grub                             | Tuesday   | 21/04/2026 | 09:30 – 11:30 | North Shields: Cedarwood      |
| Intro to Hospitality                  | Wednesday | 22/04/2026 | 09:30 – 15:30 | North Shields: Cedarwood      |
| Bake and Take                         | Tuesday   | 02/06/2026 | 12:30 – 14:30 | North Shields: Cedarwood      |
| Good Grub                             | Tuesday   | 02/06/2026 | 09:30 – 11:30 | North Shields: Cedarwood      |

# Enrolment events

Secure your place by dropping in for:

- Course information and registration
- Digital skills enrolment
- ESOL enrolment

| Event    | Time          | Venue                           |
|----------|---------------|---------------------------------|
| 13 April | 09:30 – 15:00 | Wallsend: Swans CFI             |
| 14 April | 09:30 – 15:00 | Killingworth: White Swan Centre |
| 15 April | 09:30 – 15:00 | North Shields: YMCA             |

## Contact us

Get in touch to find out more or apply now.

Website: [www.skillsnorthtyneside.org.uk](http://www.skillsnorthtyneside.org.uk)

Email: [curriculum.support@northtyneside.gov.uk](mailto:curriculum.support@northtyneside.gov.uk)

Telephone: **0191 643 2288**

Careers information, advice and guidance is available in our Working Well Hubs. Pop in to talk with an adviser:

|                                  |                        |               |
|----------------------------------|------------------------|---------------|
| The Beacon Centre, North Shields | Monday–Friday          | 09:30 – 15:30 |
| Wallsend Library                 | Monday–Friday          | 09:30 – 15:30 |
| White Swan Centre, Killingworth  | Monday                 | 13:00 – 15:00 |
| Cedarwood, North Shields         | Monday (fortnightly)   | 10:00 – 14:00 |
| John Willie Sams Centre, Dudley  | Tuesday                | 10:00 – 14:00 |
| Whitley Bay Big Local            | Wednesday              | 10:00 – 14:00 |
| Whitley Bay Library              | Wednesday              | 13:00 – 15:30 |
| Forest Hall Library              | Thursday (fortnightly) | 09:30 – 12:30 |
| Whitley Bay Big Local            | Thursday (fortnightly) | 09:30 – 12:30 |
| Oxford Centre, Longbenton        | Friday                 | 09:30 – 14:00 |

\* Free courses subject to eligibility, to check eligibility please contact us.